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2 **Conserving Amazon's Freshwater Ecosystem's Health and Connectivity**

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## 21 **KEY MESSAGES**

### 22 **I. Acknowledge Essential Biodiversity and Services of Amazonian Freshwater** 23 **Ecosystems**

24 Amazonian Freshwater Ecosystems deliver invaluable services essential for global ecological  
25 balance, including water purification, provision, transportation, energy, and food production,  
26 along with carbon sequestration and diverse habitats. The Amazon Basin plays a pivotal role in  
27 hydrological cycling, recycling 24% to 35% of its water annually and contributing significantly  
28 to continental rainfall through 'aerial rivers' that transport 6,400 km<sup>3</sup> of water each year. This  
29 basin also discharges an average of 1,122 megatons (Mt) of suspended sediments annually,  
30 crucial for soil fertility and ocean health. Additionally, the region's freshwater ecosystems boast  
31 remarkable biodiversity, with approximately 2,500 fish species, nearly half of which are  
32 endemic. These ecosystems are vital for the livelihoods of Amazonian communities,  
33 exemplified by the Low Solimões where the daily fish consumption per capita reaches 550  
34 grams.

### 36 **II. Maintain Multidimensional Connectivity in Amazonian Freshwater Ecosystems**

37 Preserving the complex connectivity within Amazonian Freshwater Ecosystems is crucial for  
38 sustaining ecological processes, water recycling, biological and cultural diversity, and the  
39 resilience of the entire basin. This connectivity encompasses longitudinal, lateral, vertical,  
40 temporal, biocultural, and bioeconomic dimensions. Notably, 223 Amazonian fish species are  
41 documented as migratory, depending heavily on these longitudinal and lateral connections.  
42 Despite this, numerous hydroelectric projects—both existing and planned—pose significant  
43 threats by disrupting these vital connections. This situation underscores the urgent need for  
44 comprehensive management and proactive policy measures to protect the Amazon's freshwater  
45 ecosystems.

### 47 **III. Rapid degradation of Amazonian Freshwater Ecosystems**

48 Amazonian Freshwater Ecosystems are undergoing rapid degradation due to water pollution,  
49 oil spills, mining, dam construction, deforestation, and climate change. Compounding this  
50 issue, there are no sewage treatment plants in any Amazon Basin cities, and mining and oil  
51 projects frequently operate with substandard environmental practices, leading to significant  
52 environmental liabilities. These factors not only fragment rivers but also sharply reduce their  
53 biodiversity, functionality, and the provision of ecosystem services. The repercussions of this

54 degradation are severe, including loss of biodiversity, increased frequency and intensity of fires,  
55 disruptions to biogeochemical cycles, and significant deterioration in water quality and  
56 availability. These changes have detrimental impacts on fish populations, energy production,  
57 and the well-being of Indigenous Peoples and local communities (IPLCs).

58

#### 59 **IV. Conservation, Remediation and Restoration as Imperatives**

60 Conservation, remediation, and restoration must be prioritized across the entire Amazon Basin.  
61 This includes developing specialized conservation frameworks for freshwater ecosystems and  
62 enhancing sewage treatment in Amazonian cities. There is a critical need for major projects that  
63 actively restore riparian vegetation, buffer floodplain areas, and reconnect rivers, streams, and  
64 wetlands. These efforts should aim to improve water quality, protect headwater regions, and  
65 establish connectivity corridors. Moreover, applying innovative technologies to develop more  
66 effective water treatment solutions is essential for maintaining ecological flows and restoring  
67 the health of freshwater ecosystems. Collaborative interdisciplinary efforts involving citizens,  
68 stakeholders, NGOs, academia, and governments are vital for these initiatives to succeed.

69

#### 70 **V. Inclusivity and Community Management**

71 The Amazon Basin is home to 47 million people, including an indigenous population of 2.2  
72 million. Recognizing Indigenous Peoples and Local Communities (IPLCs) as essential stewards  
73 of Amazon Freshwater Ecosystems is crucial. Integrating their traditional knowledge with  
74 scientific approaches enhances conservation, remediation, and restoration efforts. There is  
75 compelling evidence that inclusive governance and co-management not only sustain ecosystem  
76 health but also boost local economies. Emphasizing the recovery of ancestral knowledge and  
77 cultural beliefs about water—including its reverence as a deity and its role in healing social ties  
78 with nature—further enriches these efforts.

79

#### 80 **VI. Transnational Coordination, Collaboration and Financial Support**

81 Each Amazonian country must develop and implement national public policies for freshwater  
82 ecosystems, recognizing rivers, streams, and wetlands not merely as water sources but as unique  
83 ecosystems providing essential services. It is imperative to establish transnational agreements  
84 for the management and recovery of these systems, acknowledging that eight countries and one  
85 territory are interconnected by the Amazon Waters. Enhanced collaboration among these  
86 nations is crucial to tackle transboundary environmental challenges effectively and to promote

87 the adoption of sustainable alternative energy sources. This approach will ensure  
88 comprehensive, cohesive management across the Amazon Basin.

89

## 90 **RECOMMENDATIONS**

91 **I. Cease Dam Construction and Promote Decentralized Sustainable Energy:** Halt dam  
92 construction in the Amazon and invest in decentralized sustainable energy projects that bolster  
93 the local community economies.

94

95 **II. Enhance Water Treatment and Pollution Control:** Urgently invest in water treatment  
96 infrastructure, enforce pollution control policies, and strengthen monitoring efforts. Promote  
97 the restoration of riparian vegetation, especially in areas degraded by illegal mining.

98

99 **III. Integrate Deforestation Reduction with Climate Policy:** Reduce deforestation and  
100 degradation in Amazonian forests and freshwater ecosystems by incorporating climate change  
101 policies and forest protection strategies into regional development planning.

102

103 **IV. Invest in Science and Cross-Disciplinary Research:** Urgently invest in science,  
104 technology, and innovation to improve monitoring and support cross-disciplinary research  
105 aimed at understanding and addressing stressors on Amazonian Freshwater Ecosystems.

106

107 **V. Empower IPLCs in Freshwater Management:** Support the leadership of Indigenous  
108 Peoples and Local Communities (IPLCs) in freshwater management and conservation, respect  
109 cultural diversity, and integrate Indigenous knowledge into governance structures and scientific  
110 innovation.

111

112 **VI. Debate New Conservation Frameworks:** New conservation frameworks should be  
113 discussed and proposed, such as the creation of Fluvial Community Reserves.

114

115 **VII. Establish Transnational Governance for River Protection:** Transnational governance  
116 agreements are crucial for the protection of longitudinal river ecosystems.

117

118 VIII. **Secure International Financial Support:** Call for international and intergovernmental  
119 financial support to enable local, regional, and global initiatives aimed at conserving and  
120 restoring Amazon Freshwater Ecosystems.

121

122 **GRAPHICAL ABSTRACT (UNDER CONSTRUCTION)**

123

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124 **A. THE AMAZON BASIN: THE LARGEST AND MOST DIVERSE**  
125 **FRESHWATER NETWORK ON THE PLANET**

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126

127 *Amazon freshwater characteristics, functions and biodiversity*

128 The formation of the Amazon River dates from 10 to 4,5 million before present time, when  
129 western and eastern Amazon became connected, driven by the uplift of the Andes and long-  
130 term erosion processes. Through millions of years, the historical changes in the courses of major  
131 lowland rivers and floodplains had a profound effect on the richness and resilience of the  
132 Amazon biodiversity (Cracraft et al. 2020; Laranjeiras et al. 2021; Val et al. 2021). Nowadays,  
133 the Amazon basin spans 7.3 million km<sup>2</sup>, of which around 40% is in the Andes. At the mouth  
134 of the river, it boasts a discharge of approximately 220,000m<sup>3</sup> per second (Costa et al. 2021),  
135 constituting 16-22% of the Earth's freshwater river discharge (Costa et al 2021). The intricate  
136 Amazonian hydrological network comprises approx. 15,000 catchments (300-1000 km<sup>2</sup>)  
137 (Venticinque et al., 2016) and a diverse array of other freshwater ecosystems, such as tectonic  
138 lakes, swamps, wet meadows, Andean freshwater marshes, mangroves, meander lagoons,  
139 riparian wetlands, and expansive floodplains (Junk et al. 2014, Moraes et al. 2021).

140

141 Roughly 30% of the Amazon region can be described as wetlands, encompassing various types  
142 of ecosystems at the interface between land and water, distinguished by factors such as flood  
143 frequency, depth, duration, water chemistry, vegetation, and associated wildlife (summarized  
144 in Junk et al. 2011). Carving through the landscape, these waters sculpt a mosaic of aquatic  
145 (e.g., rivers and lakes), semi-aquatic (i.e., systems with periodically flowing waters), and semi-  
146 terrestrial (i.e. systems flooded during periods of different length) freshwater habitats (Milton  
147 and Finlayson 2017). Also, the distinctive geomorphological, and physical-chemical water  
148 attributes (e.g. temperature, pH, dissolved oxygen, and organic and inorganic carbon) of these  
149 environments foster unparalleled adaptive strategies among its organisms (Guayasamin et al.  
150 2021; Val & Almeida-Val, 1995; Gonzalez et. al. 2002, 2024; Johansson et al. 2017).

151

152 Variability through time is a major aspect of the definition of these wetlands. That is because  
153 fluctuations in rainfall and river discharge drive pronounced seasonal changes in the water level  
154 of large Amazon rivers, causing them to overflow their banks into adjacent floodplains. Because  
155 it extends into both hemispheres, the Amazon is characterized by several rainfall regimes due  
156 to the alternating warming of each hemisphere. The Amazonian rainy season occurs in austral  
157 winter in the north and austral summer in the south. The northwest equatorial region  
158 experiences low rainfall seasonality, with wet conditions throughout the year (e.g., Figueroa  
159 and Nobre, 1990; Espinoza et al. 2009, 2015). The northern portion of the Amazon basin, in the  
160 Roraima region, as well as the southern part, by the Cerrado, present smaller wetland areas, as  
161 precipitation is much lower. Because of this, as environmental degradation advances in both of  
162 those areas, the native forest there is replaced by grasslands, or savannas, losing critical  
163 ecological services.

164

165 Depending on the type of flooding, wetlands can be subject to stable water-levels or oscillating  
166 water-levels. The wetlands with predictable monomodal pulses are of two classes, interfluvial  
167 wetlands subject to low-amplitude pulses, and floodplains of large rivers subject to high-  
168 amplitude pulses. In particular, the seasonal flood pulse of the major rivers strongly influences  
169 the structure and function of floodplains (Junk et al. 1989; Melack and Coe 2021). Floodplains  
170 of large rivers cover approximately 750,000 km<sup>2</sup> (aprox. 11%) of the area of the Amazon basin  
171 (Wittmann and Junk, 2016). The associated rivers may be of Andean sedimentary origin,  
172 constituting the *várzeas* of fertile white waters (e.g. Amazon River), or the *igapós*, when  
173 draining the ancient Guianas or Central Brazil geologically old shields, which are acidic and  
174 carry low amounts of sediments. These seasonally flooded forests are of vital importance and  
175 constitute the most species-rich floodplain forests on the Planet. Lastly, periodic flooding and  
176 high (sometimes variable) salinity create specific conditions in coastal wetlands, such as  
177 mangroves that occur mostly along the coasts of Amapá, Pará, and Maranhão, which are centers  
178 of biodiversity and play an important role as link between inland water and the marine  
179 environment (Junk et al. 2011).

180

181 All this rich tapestry of life experiences seasonal fluctuations in river levels and the receding  
182 and rising of seasonal floods are crucial for sustaining the nutrient and biological cycles of the  
183 region as a whole. Connectivity between river systems and their associated lakes is vital for the

184 vegetation and fauna of these environments, in terms of the maintenance of viable habitat, seed  
185 dispersal and feeding. Ultimately, the essence of the Amazon hinges upon the  
186 interconnectedness of its waterways, facilitating the exchange of water, nutrients, sediments,  
187 and biodiversity (Junk, 2013).

188

### 189 *The multidimensional connections of the Amazon*

190 We can identify distinct dimensions of water connectivity within the basin. In all of them, time  
191 takes a significant role, as there is intense variability and change in freshwater habitats through  
192 the seasons. For the purposes of this policy brief, we consider five dimensions of connectivity  
193 through the basin taking into consideration both ecological and socio-economic aspects: the  
194 **longitudinal dimension**, linking the Andes with the rest of Amazon and with the Atlantic  
195 Ocean; the **lateral dimension**, connecting rivers, forests, and wetlands to provide conditions  
196 for numerous species to thrive; the **vertical dimension**, encompassing interactions between  
197 wetlands, aerial rivers, and groundwater; the **biocultural dimension**, incorporating the  
198 relationship of human population's cultural traditions and beliefs with rivers, wetlands and their  
199 aquatic biodiversity; and the **bio-economical dimension**, acknowledging the provision of food,  
200 transportation, drinking water, and economic activities by aquatic ecosystems. We advocate for  
201 conservation initiatives that ensure open connectivity within the basin, considering all these  
202 dimensions, while ensuring equity and inclusion in conversation planning, policies and  
203 practices.

204

205 **Longitudinal Dimension:** The Amazon-Andes-Atlantic transition is a crucial zone of  
206 hydrological connection (Encalada et al. 2019). The region experiences high rainfall rates  
207 (between 6000 and 7000 mm/year) due to interactions between regional atmospheric circulation  
208 and temperature and moisture contrasts (Giovannettone and Barros, 2009; Poveda et al., 2014;  
209 Espinoza et al., 2015; Chavez and Takahashi, 2017). These rainfall rates result in significant  
210 erosion, providing nearly all of the suspended sediment load observed in the Amazon Basin. It  
211 is estimated that the Amazon River exports between 550 and 1500 Mt/year of sediment load to  
212 the Atlantic Ocean (Wittmann et al 2011), with 90% of total originating in the Andes (Meade  
213 et al. 1985). In regard to the transport of nutrients, the primary contributions from the  
214 longitudinal connectivity of the river channel consist of water and inorganic material, whereas  
215 the lateral connection between the river and floodplain plays a more significant role in the  
216 production of organic material (Junk et al. 2011). Also, many species depend on this transition

217 zone for their life cycles, including long migration journeys related to fish reproduction that  
218 sustain fisheries throughout the basin (Baigún and Valbo-Jørgensen, 2023).

219

220 **Lateral Dimension:** The varied aquatic and semi-aquatic habitats of the lowland Amazon are  
221 subject to seasonal fluctuations (Figure 1, **Box 1**), creating interconnected corridors during high-  
222 water periods that facilitate species migration and seed dispersal between rivers and lakes with  
223 the floodplain, and as refuge during low-water periods (Junk 2001). The adaptive capabilities  
224 and genetic diversity of Amazonian aquatic biota is highly dependent on habitat exchange,  
225 allowing organisms such as fish and aquatic mammals to seek optimal conditions for survival  
226 (Martin and da Silva 2004; Caldas et al. 2022; Junk 1984). Moreover, floodplains store and  
227 transport water, sediments and nutrients during high water periods influencing high primary  
228 and secondary production, thus sustaining fishery resources (Junk 2001). Lastly, the  
229 evolutionary interaction between fish-tree fruits in the Amazon highlights the critical role of  
230 river-floodplain connectivity for plant recruitment dynamics and diversity (Correa et al. 2015;  
231 Araújo-Lima & Goulding 1998).

232

233 **Vertical Dimension:** Approximately 25–50% of the total annual rainfall observed in the  
234 tropical Andes originates from Amazon tree transpiration (Staal et al. 2018). Part of the  
235 produced moisture is transported westward by winds flowing in low altitudes (~1km), known  
236 as "aerial rivers" reaching as far south as northern Argentina and supplying water to other major  
237 river basins on the continent (Costa et al. 2021; Chung et al. 2022). These aerial rivers carry  
238 an amount of water vapor equivalent to the average flow of water at the mouth of the Amazon  
239 River (10-23 billion liters per day) (Arraut et al. 2012). Moreover, the large amount of rainfall  
240 infiltrates the ground and contribute to the formation of large aquifers like the Alter do Chão-  
241 Içá aquifer system, with a recharge amount estimated to be at least 236,400 and 350,000  
242 m<sup>3</sup>/year (Val et al. 2021, Azevedo & Campos, 2021).

243

244 **Biocultural Dimension:** IPLCs hold worldviews (**Box 2**), linguistic conceptualizations,  
245 spiritual connections and experiential knowledge of Amazonian Freshwater Ecosystems gained  
246 over many years (Clement et al. 2015; Neves et al. 2021; Athayde et al. 2024 in progress).  
247 Archaeological sites found in both large rivers and small tributaries indicate that pre-Columbian  
248 Indigenous populations have modified significant portions of Amazonian forests and freshwater  
249 ecosystems such as floodplains and wetlands over different time periods (McMichael et al.



250 2012; Thomas et al. 2015). Recently, indigenous and local knowledge (ILK) systems have been  
251 combined with scientific knowledge and technology to protect and restore freshwaters and  
252 headwaters through co-management experiences and fisheries agreements (**Box 3**), including  
253 cases in which IPLCs have been meaningfully involved in decision-making processes (Campos-  
254 Silva et al. 2019; Correa et al. 2020).

255

256 **Bioeconomic dimensions:** Fish are important providers of protein, micronutrients, and income  
257 for both rural and urban households across the Amazon Basin (Barletta et al. 2010). The  
258 estimated total extraction of fish in the Amazon basin is between 422,000 and 473,000 tons per  
259 year, almost 75% of which is represented by the Brazilian part of the basin (Sirén and Valbo-  
260 Jørgensen, 2022). There is also a great significance of freshwater ecosystems for Amazonian  
261 agro-forestry crops and resources of great economic importance (such as cacao, açai palm and  
262 many others), which have been domesticated or semi-domesticated by IPLCs (Clement et al.  
263 2010; Athayde et al. 2021). Finally, fluvial transport plays a crucial role in accessing remote  
264 areas, enabling services such as public health to meet the demands of rural areas (Rocha et al.  
265 2023).

266

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267 **B. MAIN DRIVERS OF DEGRADATION OF FRESHWATER**  
268 **ECOSYSTEMS**

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269 The ecosystems of the Amazon have been facing significant challenges due to human actions  
270 that promote degradation of aquatic habitats and compromise the crucial connectivity of the  
271 water network. In this topic, those drivers of degradation that cause greater concerns are  
272 detailed.

273

274 ***River Fragmentation***

275 The primary threat to freshwater connectivity is river fragmentation, particularly due to  
276 hydropower development (Grill et al. 2019), which currently impacts rivers ranging from the  
277 Andes to large basins like the Marañón, Madeira, Napo, Tapajós, Tocantins, and Ucayali  
278 (Winemiller et al. 2016; Latrubesse 2017; Anderson et al. 2018; Caldas et al. 2022) (Figure 2).

279

280 Dams alter riverine habitats by changing hydrological patterns, sediment flows (Timpe &  
281 Kaplan 2017; Anderson et al. 2019; Caldas et al. 2022; Chaudhari and Pokhrel 2022),  
282 temperature, and nutrient balance (Pavanato et al. 2016), affecting various freshwater organisms

283 and causing declines in migratory species (Caldas et al. 2022). Additionally, studies show that  
284 some lowland dams in the Amazon may exceed in greenhouse gas emissions per unit of  
285 electricity generated when compared to fossil fuel power plants (Almeida et al. 2019).

286

287 Fragmentation of Amazon's Freshwater Ecosystems cause significant socio-economic and  
288 socio-cultural impacts on IPLCs, including livelihood impoverishment, loss of food security,  
289 as well as psychological and spiritual effects (Athayde et al. 2019). Research has shown that  
290 changes in diets and fisheries can affect food security and consumption patterns among  
291 Amazonian populations (Torres-Vitolas et al. 2019; Begossi et al. 2018; Blundo-Canto et al.  
292 2020), exacerbating malnutrition in riverine and urban communities (Heilpern et al. 2021).

### 293 ***Freshwater Degradation***

294 The loss of freshwater and its biodiversity in Amazonian ecosystems is strongly related to  
295 environmental degradation, resulting from manifold activities (Piedade et al. 2024), including  
296 such as water capture for agricultural activities and livestock. Agricultural and livestock uses  
297 are the prime drivers of wetland loss. Land-cover change related to cattle ranching and crop  
298 production has affected about 20% of the Amazon basin, particularly to the south and  
299 southwestern region, where native forest has been replaced by grassland and savannas (Castello  
300 & Macedo, 2016). Thus, this land use is usually associated with removal of vegetation, loss in  
301 biodiversity and the occurrence of hydrological droughts, which are exacerbated during severe  
302 hydrometeorological events.

303 Different sources of pollution are also a major concern. Domestic and industrial sewage  
304 discharged into water bodies represent dangerous sources of contamination. Also, inadequate  
305 disposal of solid waste results in leaching of liquids generated by their decomposition, which  
306 are highly toxic to the environment and to human health.

307 Oil spills affect organisms in many ways, leading to negative effects such as impaired  
308 development in aquatic plants (Lopes et al. 2009) or intoxication in fish (Brauner et al. 1999;  
309 Val & Almeida-Val, 1999). Exposure to oil spills on humans may lead to negative impacts such  
310 as effects on mental health, physical and physiological effects, toxic effects in the  
311 immunological and endocrine systems, damages in the genetic material (summarized by Laffon  
312 et al. 2016).

313 Mining impacts freshwater ecosystems directly by altering stream and river morphology due to  
314 excavations, by increase in sediment loads, by the large-scale deforestation related to it, and by  
315 introducing pollutants such as mercury (Wittman & Junk, 2016). The latest study shows that  
316 more than a fifth of the fish sold in 17 cities in six states of the Amazon region of Brazil contains  
317 dangerous levels of mercury (Basta et al. 2023). In humans, long term exposure to either  
318 inorganic or organic mercury can permanently damage the brain, the kidneys, and also bring  
319 harm to the developing fetus (summarized by Chan et al. 2010).

### 320 *Climate Change*

321 Ongoing climate change poses significant threats to the Amazon, impacting the entire  
322 ecosystem and its interconnections. Climate change alters rainfall, temperature, and moisture  
323 patterns across the Amazon Basin, impacting freshwater and wetlands ecosystems. Climate  
324 models predict a decline in annual precipitation for the future, particularly in the southern basin,  
325 heightening the region's vulnerability (Agudelo et al. 2023). This can lead to many streams and  
326 rivers ceasing to flow for several months in certain areas, which can result in local extinctions  
327 of species (Datry et al. 2023). Such changes lead to adaptations in aquatic fauna and flora, but  
328 can also result in higher mortality rates among fish (Barletta et al. 2010) and aquatic mammals  
329 (Marmontel et al. 2024).

### 330 *Deforestation and Forest Fragmentation*

331 High deforestation rates impact Amazon Freshwater Ecosystems in different ways, including  
332 important changes in the regional hydrological cycle. Deforestation reduces evapotranspiration  
333 and increases temperatures, thereby decreasing the amount of water vapor in the atmosphere  
334 (Wongchuig et al. 2023). This can reduce the recycling of precipitation, the surface runoff and  
335 sediments exported from the Andes to the low-lying Amazon, increasing the risk of droughts,  
336 tree mortality and fires (Nobre et al. 2016; Sierra et al. 2021.).

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## 337 **C. SOLUTIONS TO MAINTAIN AND RESTORE AMAZON** 338 **FRESHWATER ECOSYSTEMS**

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339

340 Concrete actions and the formulation of public policies (Figure 3) are proposed here to  
341 address the pressing need for preserving and enhancing freshwater connectivity in the  
342 Amazon, encompassing longitudinal, lateral, vertical, temporal, biocultural, and bioeconomic

343 linkages. We highlight the need for coordination, cooperation, and collaboration among the  
344 Amazonian countries around policies, practices, and incentives to protect and restore  
345 freshwater ecosystems. The following recommendations are put forth:

346

347 ***I. Reduction of River Fragmentation: Promoting [Longitudinal Connectivity in Amazon](#)***  
348 ***Freshwater Networks***

349

- 350 1. **Cease Construction of Dams:** We advocate for a moratorium on dam construction  
351 within the Amazon basin. Instead, we propose investment in innovative, decentralized,  
352 and sustainable alternative energy projects, which engage society and communities as  
353 stake and right holders. These initiatives not only provide income for local populations  
354 but also safeguard biocultural and bioeconomy connections and activities, as well as  
355 critical ecosystem functions such as migratory routes and sediment transportation.
- 356 2. **Dam Removal for Connectivity Restoration:** Obsolete and inefficient dams that  
357 significantly disrupt local economies and impede fish migration and fisheries  
358 production should be considered for removal. Other existing dams can be integrated  
359 with alternative energy systems, such as solar, in order to be more efficient.
- 360 3. **Establishment of Fluvial Community Reserves:** We recommend the creation of local  
361 and/or regional fluvial community reserves spanning international borders. These  
362 reserves would uphold diverse levels of freshwater connectivity, supporting IPLCs to  
363 sustainably manage resources while preserving invaluable ecosystems by recognizing  
364 the interconnectedness of freshwater ecosystems with socio-economic well-being.
- 365 4. **Transnational Governance Agreements:** Developing transnational agreements for  
366 regional governance is essential to safeguard free-flowing rivers along national  
367 boundaries. Cross-border collaboration efforts are needed to identify and implement  
368 sustainable energy and infrastructure projects with minimized impacts and identifying  
369 solutions for energy and infrastructure projects.

370

371 ***II. Addressing Water Pollution and Restoring Riparian Vegetation to Preserve [Lateral](#)***  
372 ***Connectivity in the Amazon Freshwater Network***

373

- 374 5. **Investment in Water Treatment Infrastructure:** It is imperative to invest in water  
375 treatment plants to effectively treat domestic and industrial effluents originating from

376 Amazonian cities and rural communities. This investment aims to restore the freshwater  
377 quality of Amazon waterways, safeguarding the health of aquatic ecosystems and  
378 human populations.

379 6. **Formulation of Pollution Control Policies:** Public policies must be formulated and  
380 enforced to regulate pollution from diverse sources, including agricultural runoff and  
381 industrial discharges. These policies are essential for maintaining optimal water quality  
382 across Amazonian water bodies and mitigating the adverse impacts of pollution on both  
383 ecological and human health.

384 7. **Strengthening Monitoring and Enforcement:** Implementing stringent monitoring  
385 mechanisms and imposing penalties for both illegal and legal activities, such as mining,  
386 that contribute to freshwater degradation and pollution is crucial. This approach ensures  
387 accountability and deters harmful practices that compromise the integrity of Amazonian  
388 Freshwater Ecosystems.

389 8. **Restoration of Riparian Buffer Zones:** To uphold lateral and vertical connectivity,  
390 efforts should be directed towards restoring and maintaining riparian buffer zones with  
391 native plant species along river corridors. Also, these riparian buffers retain sediments,  
392 favor successional processes, and serve as natural filtration systems, mitigating influx  
393 of pollutants into freshwater ecosystems while promoting biodiversity and ecological  
394 resilience.

395

### 396 *III. Addressing Climate Change Impacts to Preserve Vertical Connectivity in the Amazon* 397 *Freshwater Network*

398

399 9. **Deforestation and Degradation Reduction:** Urgent action is required to  
400 significantly reduce deforestation and degradation of forests and freshwater ecosystems  
401 (Figure 4). These activities are vital for maintaining crucial processes such as carbon  
402 sequestration and water evaporation and evapotranspiration. Also, this will promote the  
403 reduction of emissions, which is a key step to mitigate global climate change.

404 10. **Integrating Climate Change Strategies:** It is imperative to integrate climate  
405 change mitigation and adaptation strategies into regional and local planning efforts. This  
406 holistic approach fosters sustained ecosystem resilience, enabling Amazonian  
407 freshwater ecosystems to withstand and adapt to the challenges posed by climate  
408 change, such as changes in precipitation, while maintaining their vital connectivity.

409

410 *IV. Promoting Investment in Science, Technology, and Innovation to Foster Scientists,*  
411 *Indigenous Communities and Civil Society Connectivity within the Amazon Freshwater*  
412 *Network*

413

414 9. **Enhanced Monitoring of Freshwater Ecosystems:** It is imperative to monitor  
415 Amazonian freshwater ecosystem dynamics across various scales and their responses to  
416 drivers of environmental degradation. Also monitor hydrology, chemistry diversity,  
417 life-history of organisms, food web dynamics, critical ecosystem process and fisheries,  
418 the relationship between water-use by agro-industry and water table, among others. This  
419 necessitates investment in research focused on understanding the impacts of  
420 compounding disturbances and fostering freshwater resilience, providing vital  
421 information to bolster local governance efforts.

422 15. **Invest in Research and Innovation.** We advocate for substantial investment in  
423 transdisciplinary research aimed at developing innovative and technological solutions  
424 (**Box 4**) tailored for the unique bioeconomic challenges concerning fisheries, floodplain  
425 production, and conservation across various scales. Investment in programs dedicated  
426 to Amazon Freshwater Research and Technologies Initiatives within higher education  
427 institutions across Amazonian countries is also crucial.

428

429 16. **Facilitating Scholar, Researcher and Practitioner Exchange:** Developing public  
430 policies to facilitate the exchange of scholars, researchers and practitioners within the  
431 Amazon region is essential. By promoting collaboration and knowledge sharing, these  
432 policies catalyze the advancement of science, technology, and innovation initiatives,  
433 fostering a more holistic approach to addressing the complex challenges facing  
434 Amazonian freshwater ecosystems.

435

436 *IV. Enhancing Collaboration and Conservation Strategies for Biocultural and Bioeconomic*  
437 *Connectivity in the Amazon Freshwater Network*

438

439 17. **Community Empowerment for Conservation:** Local communities must be  
440 protagonists of the conservation of Amazon Freshwater Ecosystems, particularly  
441 through the designation of protected areas and the establishment of *Fluvial Community*

442 *Reserves*. By empowering communities in conservation efforts and recognizing them as  
443 stake and right holders, we can ensure the sustainable management of these invaluable  
444 resources.

445 **18. Restoration Initiatives:** Investment in science-based and nature-based restoration  
446 programs tailored to the unique characteristics of each ecosystem is essential.  
447 Empowering local communities to develop restoration projects fosters a sense of  
448 ownership and responsibility, potentially leading to effective conservation outcomes.

449 **19. Management of Fisheries:** Implement local and regional public policies for the  
450 sustainable management of fisheries. Encourage the exchange of successful regional  
451 practices and strategies in fisheries management to prevent the depletion of fish stocks  
452 respecting the carrying capacity of the ecosystem and the patterns of migratory fish.

453 **20. Recognition of Indigenous and Local Knowledge:** The traditional knowledge of  
454 local and indigenous communities regarding the management and use of freshwater  
455 ecosystems must be recognized and respected. Integrating this knowledge into  
456 conservation strategies enhances their effectiveness and promotes cultural preservation.

457 **24. Collaborative Governance Structures:** Establishing collaborative governance  
458 structures is vital to ensure culturally sensitive and sustainable management of  
459 freshwater resources. These structures should include local communities in decision-  
460 making processes, fostering a sense of shared responsibility and ownership.

461 **25. Regional Collaboration:** Encouraging collaborative efforts among Amazon basin  
462 countries is essential to address shared challenges and formulate joint conservation and  
463 restoration strategies.

464 **26. Global Support for Sustainable Practices:** Seeking global cooperation and  
465 financial support is crucial to aid in the implementation of sustainable policies and  
466 practices in the Amazon freshwater network.

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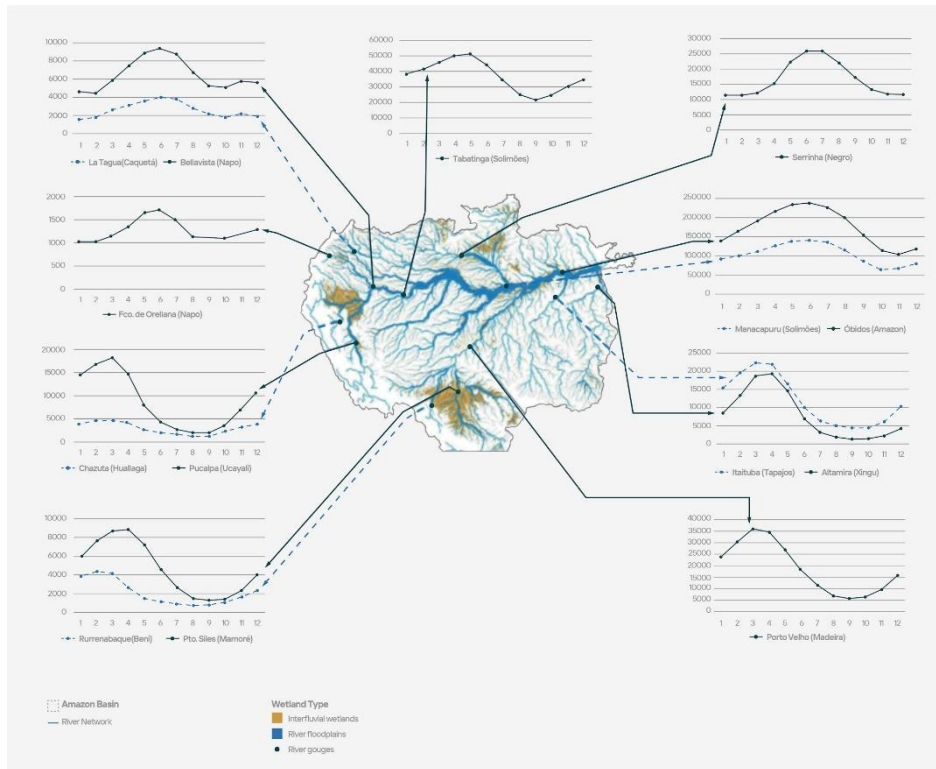
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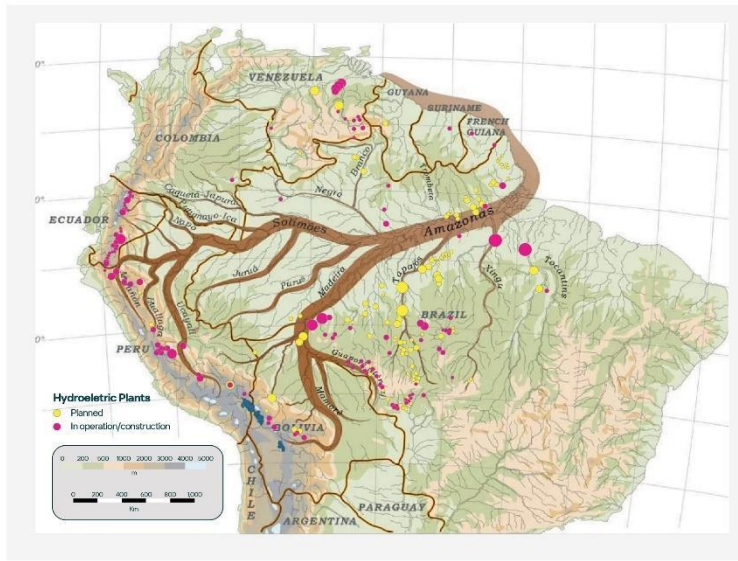
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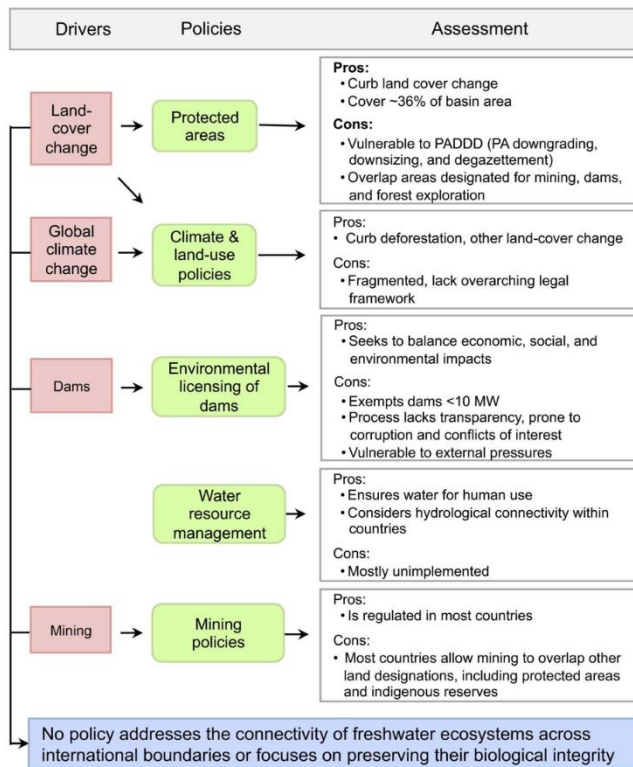
Figure 1. Seasonal cycles of river discharges ( $\text{m}^3 \text{s}^{-1}$ ). Fluctuations in river discharge drive pronounced seasonal changes in the water level of large Amazon rivers, causing them to overflow their banks into adjacent floodplains.



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Figure 2. Existing and planned Hydroelectric Plants in the Amazon pose significant threats to freshwater ecosystems by disrupting their vital connections.

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**Figure 3.** Drivers of freshwater ecosystem degradation and public policies proposed to address the pressing need for preserving and enhancing freshwater connectivity in the Amazon.



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**Figure 4. Actions needed to avoid degradation of freshwater ecosystems.**

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**Box 1: Seasonal rainfall cycles**

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Seasonal rainfall cycles in the upper part of the Andean-Amazon Basins of Colombia and Ecuador

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follow an unimodal regime with a wet season during the austral winter (Laraque et al. 2007; Arias et al.

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2021). In the lowland part of the Amazon-Andes of Ecuador predominates a bimodal annual cycle of

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precipitation, with peak discharge observed around March-April and October-November (Campozano

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et al. 2018). Seasonal rainfall cycles in the upper part of the Andean-Amazon Basins of Colombia and

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Ecuador follow an unimodal regime with a wet season during the austral winter (Laraque et al. 2007;

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Arias et al. 2021). In the lowland part of the Amazon-Andes of Ecuador predominates a bimodal annual

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cycle of precipitation, with peak discharge observed around March-April and October-November

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(Campozano et al. 2018). Fluctuations in rainfall and river discharge drive pronounced seasonal changes

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in the water level of large Amazon rivers, causing them to overflow their banks into adjacent floodplains

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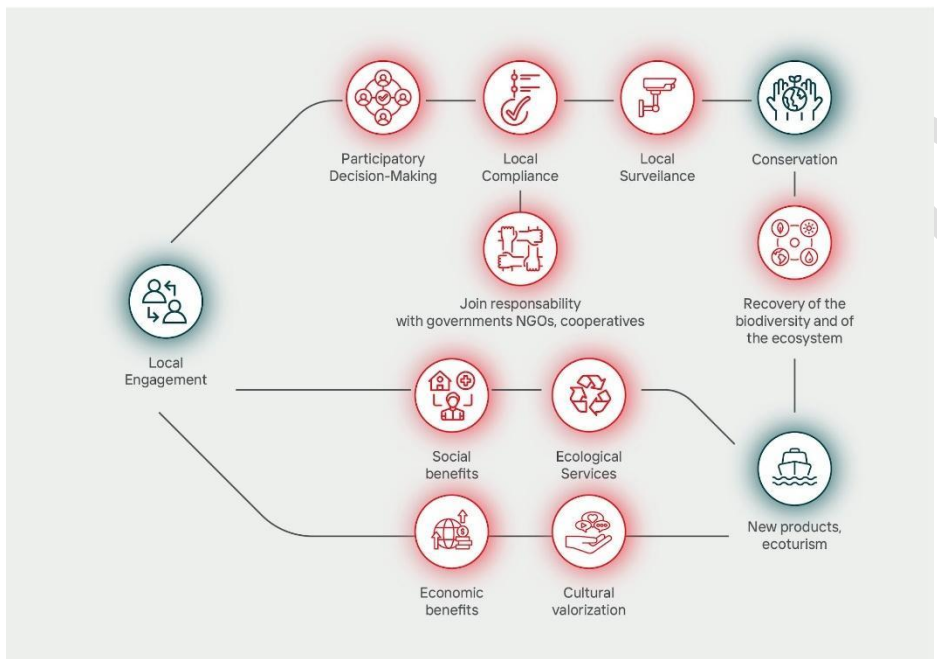
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767 Essentially, co-management involves participatory decision-making processes where the regulation of  
 768 natural resource use is shared among users, with joint responsibility among national or subnational  
 769 governments, NGOs, and local cooperatives. In Brazil, for instance, the Mamiraua Institute has  
 770 demonstrated the success of this approach, particularly in pirarucu management (Castello et al., 2009),  
 771 community-based timber extraction (Waldhoff et al., 2013), ecotourism (Peralta et al., 2018), and in  
 772 monitoring of caiman and dolphin hunting- (Pimenta et al., 2018).  
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 776 **Figure 5.** Community-Based Management for Conservation and Socio-Political Resilience in  
 777 Freshwater Ecosystems.  
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780 **Box 4: Technology and nature-based solutions: a pathway out of degradation**

781 Investments in research and innovation have led to already existing technologies with the potential to  
 782 maintain social and economic importance of some extractive activities, while offering alternatives that  
 783 avoid further degradation. For example, a potential use of cyanogenic plants has been demonstrated for  
 784 gold leaching, such as the bitter cassava, presenting itself as an alternative for less impactful artisanal  
 785 and small-scale gold mining (Torkaman, 2023). The replacement of mercury by local plants would be  
 786 a significant step towards sustainable development for the region, given the technologies are adapted to  
 787 site-specific conditions. Also, aquaculture has a great potential in providing protein to the region or even  
 788 abroad, promoting social and economic development. In that regard, the development of biofloc systems  
 789 in aquaculture reduces feed costs, stimulates lesser water use by reduction of water exchange rates and,  
 790 finally, and replaces fish meals and fish oils in the feeding of the animals (Khanjani et al. 2023). Lastly,  
 791 there are already successful cases for alternative energy sources in Amazonia that could help the region

792 phase out of the dependency on hydroelectric dams. For instance, in Ecuador, 12 villages of the  
793 Mukucham family, deeply in eastern provinces of the country, already rely on solar panels for  
794 transportation, for powering schools and for fueling ecotourism (Alarcon, 2024).

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#### 796 **Box 5: Fluvial Community Reserves: Pioneering a Novel Conservation Approach**

797 River systems, unlike their terrestrial counterparts, have historically received less regulatory attention  
798 despite their critical ecosystem services. Globally, a significant proportion of rivers lack protection, with  
799 many facing severe conservation challenges surpassing those of terrestrial ecosystems. Addressing this  
800 disparity in river conservation necessitates acknowledging rivers as conservation entities and instituting  
801 effective governance for their preservation.

802 Simultaneously, any new policy in that matter must not only prioritize conservation objectives but also  
803 recognize the rightful communities who directly benefit from river systems. Across the Amazon Basin,  
804 rivers provide essential resources such as water, food, tourism, transportation, and imbue significant  
805 cultural and spiritual connections. Hence, empowering and involving indigenous and local communities  
806 in crafting conservation frameworks becomes imperative. This ensures that issues related to river use  
807 are identified and solutions are aligned with their cultural and socioeconomic contexts.

808 Therefore, the concept of **Fluvial Community Reserves** is presented as a provocative idea aiming to  
809 spark discussions on governance models that address the challenges of river conservation while  
810 empowering dependent communities. These reserves should be a result of a transdisciplinary approach,  
811 one that seeks to protect river flow, riparian vegetation, biodiversity, and ecosystem functions, while  
812 equally preserving legitimate and sustainable human interactions with the river.

813 To effectively establish Fluvial Community Reserves, several key elements must be considered: **active**  
814 **community involvement in decision-making**, backed by political and long-term financial support;  
815 **comprehensive assessment** of river and watershed qualities to identify key ecological attributes  
816 requiring action; **establishment of appropriate legal frameworks** and rights over natural resources  
817 through community engagement and river assessments; fostering **institutional agreements** and  
818 **transnational collaboration structures**; and implementing evaluation and adaptive management  
819 through **monitoring and periodic assessments**.

820 An illustrative case is the Curaray River, home to the Curaray-Nushiño River Reserve, situated within  
821 the habitat of indigenous Waorani and Kichwa communities. This reserve, protecting the Curaray River's  
822 headwaters, serves as a vital corridor linking two Biosphere Reserves: Yasuní and Sumaco-Napo  
823 Galeras. Indigenous communities recognize the interconnectedness of river headwaters and lowlands,  
824 crucial for the forest's interaction with floodplain areas. Such river systems provide habitats for  
825 migratory fish, aquatic mammals, and other species sustaining local livelihoods. From examples of

826 conservation and management like these, we can foster the last opportunity to protect rivers for their  
827 natural properties.

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